

# THE VOICE

Fall 2022

President:

Lea McGuigan

Vice President:

Ellora Smith

Editors:

Jenn Yu Divya Sambasivan

Graphic Designer:

Riya Jeena

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Alex Heater

Shalini Kirubakara

Riya Jeena

Jenn Yu

Ellora Smith



Lea McGuigan Class: 2023

Position: President Fun fact: I can't whistle

Favorite part about The Voice: Meeting everyone and overseeing publication

Ellora Smith Class: 2025

Position: Vice President

Fun Fact: I have been Irish step dancing

for 10 years.

Favorite Part About The Voice: Meeting new people and collaborating on arti-

cles.

Jenn Yu Class: 2025

Position: Editor

Fun fact: Jenn's favorite instrument is

the guitar!

Favorite part of the voice: The creative

brainstorming process.

Divya Sambasivan

Class: 2023

Position: Editor

Fun Fact: I've played the piano since

kindergarten.

Favorite part about the voice: Being able to see everyone's amazing work

and progress.









Riya Jeena Class: 2025

Position: Graphic Designer

Fun Fact: I hate sushi.

Favorite Part About The Voice: Seeing how wonderful everyone's final piece

comes out.

Mrs. LaFlamme

CHS Social Studies Teacher

Fun Fact: I played Rugby in college.

Favorite Part of The Voice: Working with amazing students.

Miss Sullivan

CHS Social Studies Teacher

Fun Fact: I have worked at CHS since 1996!!! Not sure if that is a fun fact, or

a scary fact!

Favorite Part of The Voice: Working with amazing students

## CHS Marching Band

### Music On the Move!

Shalini Kirubakara

### Meet The Family!

From blaring trumpets, chirping flutes to howling saxophones, the CHS band is always there to hype every football game! Led by their amazing band director, Mr. Sexauer, the band has never failed to enthrall their audience! How do they do it? Well, the secret to their success is team bonding. Every band member takes pride in their instrument and are very supportive of their fellow bandmates. Band leaders in charge make sure to take responsibility in 'momming' the band and in organizing jolly events and get-togethers to foster a more supportive community. Band spirit days is one of these events, where Instrument sections have friendly competitions while they show-off their band unity. Moreover, the band's ever-cheerful president, Narissa Aldayaa, and the band's Batman: Johnathan Domow, are the fun fairies in charge of hyping the band up as a whole. The amount of energy they bring is absolutely incredible!

### The 'Night Theme'

This year, the band has chosen chilling Night themes to paint their field show. Starting with Late in the Evening by Paul Simon, the band captures the calmness of the sunset that beautifully transforms into the wildness of the night through their music. Then, they transition to their next song, Night in Tunisia by Charlie Parker and Dizzy Gillespe as the mood gets jazzy and relaxed with notes that dance to the band's tune. They conclude their show with a blast of All Night Long by Lionel Richie that explores the midnight funzies and transfers the excitement of the music onto the audience! Of course, one of the main sources of their energy are the enthusiastic Drum majors: Jamie Garber, Kiera Miller, and Gemma Bardoulou, who gracefully direct the flowing music with a mere swish of their hands. Plus, the organized marching arrangements with a little bit of crazy confetti scatters makes the overall show an incredibly energizing event!

Semper Gumby!

Semper Gumby-- super flexible in Mr.Sexauer--Latin is the band's motto that they abide by. Band traditions and small compassionate steps that the band takes encourages students to be disciplined and respectful, all while having loads of fun! Positivity and kindness are the branches of the Band while music is its root. They spread their love with the help of music and continue to inspire many. "Where words fail, music speaks", and may the magic of music find its way into the hearts of all who listen.



## Composting Program Jenn Yu

In late September, in addition to new faces and new classes, students were also greeted with another new surprise, a bright green compost bin and a smiling face from the Chelmsford Recycling Committee. Of course, this was none other than the start of CHS' new composting initiative.

Using the results from a trash audit in March of this year, the ECO club was able to collect data on how much waste CHS produces, student opinions, and how the initiative would fit into lunch routines. Their efforts were successful as they launched the new composting initiative on September 19th!

The ECO club set a goal with this initiative to reduce the amount of waste CHS sends to the landfill. Now, it is safe to say that they are well on their way to accomplishing this goal by collecting an average of 900 lbs of compost each week since the start of the program. This waste includes uneaten and leftover food items, such as apples, sandwiches, and pizzas.

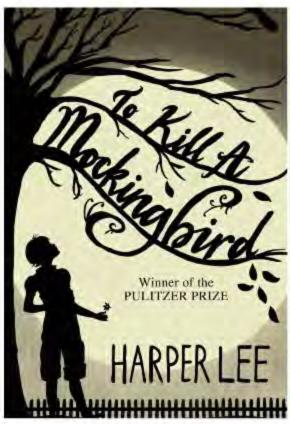
At the end of each lunch, students are to sort out their disposables and only throw food items into the compost, while all other waste goes into the trash or recycling. Apart from collecting compost alone, this initiative has also significantly reduced the amount of trash CHS sends off to landfills, cutting down the number of trash bags produced by more than a half.

The success of this program can be seen in the eyes of the students, as the CHS student body is eager to learn all the tips and tricks about composting. During the starting weeks of the initiative, the eco club was worried that composting would not gain traction with students, but to their delightment, CHS students were enthusiastic to learn and pull their weight in helping the planet become a greener place.

At the end of the day, the ECO Club could never do this alone. This initiative is the product of more than a year's hard work by the ECO club, Chelmsford DPW, Chelmsford Recycling Committee, and the Chelmsford Climate Action Team. Not only this, but the club has received immense support from the CHS community as well, with parent volunteers, the CHS custodians, and Principal Murray to thank. With the help of their entire CHS community, the eco club knows that we can make a difference!

## Book Review OF To Kill A Mockingbird Riya Jeena

As a sophomore I've read a variety of novels for English and History classes, but the most impactful novel I've read is "To Kill A Mockingbird" by Harper Lee. To Kill A Mockingbird has sold over 40 million copies worldwide, and sells between 750,000-1,000,000 copies yearly. The book is set in 1930s Alabama and is told by the narration of a young girl who's coming of age. The novel discusses and enhances many themes, one of which encompassing the idea of protecting innocent individuals who do no harm and require protection. The book has many motifs of the symbolization of a mockingbird, which represents innocence. I would recommend this book because it teaches readers about the injustice, corruption and racism that was present during that time period in which the book was set in.





## Holiday Traditions Around the World

With October coming to a quick close, and the spooky season coming to an end, we can now start to feel the holiday season quickly approaching. Although the traditional holiday of Thanksgiving has just been celebrated, there also are more unusual traditions and festivities happening in the coming weeks. These holidays are celebrated across various countries around the same time as Christmas. All of these holidays have very different histories and unique aspects that make them special. Some traditions are celebrated across several different countries. An example of this would be the holiday Krampus, which is celebrated in Austria, Germany, and Hungary. While other traditions are country specific, such as "Dead Horse Caroling" in Whales. So, while people in America may be gearing up for holidays such as Christmas, Hanukkah, and Thanksgiving, people are also preparing for their own respective holiday festivities.

#### Krampus

When most people think of Christmas, the image of Santa Claus (also known as St. Nick) bringing gifts to children may come to mind. To those celebrating Krampus, a completely opposite image may come to mind. While Santa is known to bring joy to children, Krampus is supposed to bring terror upon children as a punishment for being naughty.

The origins of Krampus derive from Germany and the pagan winter solstice on December 5th. On this night, Saint Nick and Krampus would go around to children's houses, where Saint Nicholas would reward good children with gifts, and Krampus would punish them for being bad. Today this story is celebrated in the countries of Germany, Austria, and Hungry through the hosting of parades in early December. Some very dedicated people even dress up as Krampus and run in the streets trying to scare kids. While this may be slightly frightening to some people, it is still carried throughout countries as an annual tradition.

## Dead Horse Caroling (Mari Lwyd)

This unusual Welsh holiday tradition, also known as Mari Lwyd, is celebrated closer to Christmas and New Year's Eve. The practice of Mari Lwyd includes taking a horse skull and decorating it in white cloth to symbolize the importance of white horses in the United Kingdom. Although this tradition dates back many years, the origin of it remains unknown. To celebrate, people dress the horse skull up in colorful ribbons and bells and parade it throughout their village going to peoples houses. When arriving at a house the carolers challenge the residents to a poetry competition between each other. If the resident's poem is better than the carolers they are rewarded with food and drink before the carolers head to the next house. This represents the caroling aspect of its name, which is why Mari Lwyd is also known as Dead Horse Caroling.



### Night of the Radishes

While some might associate Oaxaca, Mexico with heavy participation in Day of the Dead, this city is also known for a rather unusual holiday known as the Night of the Radishes. When carving their radishes, most decide to make them resemble people, religious scenes, or reference things from the Bible. This tradition goes back centuries when merchants would carve radishes to attract customers. It was a great success back then because many locals would end up buying radishes from the merchants. It became an official holiday in 1897 by the mayor because the event had become so popular, and today is celebrated annually on December 23rd where people carve intricate designs into the radishes. There is even a contest now where individuals can win up to 12,000 pesos. The event only lasts a few hours because the radishes will start to go bad, turn brown, and wilt from sitting out all day. While most people may reserve carving vegetables for Halloween, the people of Oaxaca take pride in their unique radish carving festival.



## Fall Playlist Misha Kapoor and Sanihita Badhri

All Too Well (10 Minute Version) (Taylor's Version) (From The Vault) by Taylor Swift

Walking through the cold air, a red scarf wrapped around your neck, a day you remember all too well. We used to talk all night long, but just as I held you in the highest regard I could, you threw me away like a bad idea on a crumpled-up piece of paper. A day I remembered all too well, but not for the joyous celebration that

#### Doppelganger by Joshua Bassett

This song sounds like you are waiting for your pumpkin spice latte, at your favorite coffee shop, with leaves falling down outside, but someone catches your eye. Statistically, each person has 6 doppelgangers in the world, 7 including yourself, but no lookalike could ever replace you.

#### Until I Found You by Stephen Sanchez (with Em Beihold)

The slow beat of this song is reminiscent of a crisp fall night in November. Especially after the passing of Halloween, a quiet slumber of calm covers the world as we await Christmas. This song reminds us to enjoy every moment, no matter how small, through its feature of leisurely guitar strums and smooth vocals.

#### Ophelia by The Lumineers

Ophelia mimics the feeling of walking through a forest – the leaves on the trees tinted with hues of reds and oranges. The smell of the damp, earth-infused air surrounds you, blanketing you in cool comfort. The warm piano chords convey a sense of adventure and travel, making it the perfect song to hum along to on a chilly autumn day.

## Restaurants to Check Out in Town

#### By Alex Heater

Hello! As we get closer to the winter, outdoor eats are out and indoor eats are in. And so, I'd like to showcase some of my favorite restaurants in Chelmsford. (Local brands only, and one place per mall.)

#### Herradura Vieja

7 Summer Street, second to the right.

While Mexican food has never been my thing, Herradura Vieja Restaurante Mexico is one of the best options in town for it. The place might have a consistently long wait time, but when you get the food, it's to die for. The burritos, quesadillas, sauces, and seemingly endless chips are very great, however the takeout quality is not very consistent. Despite all this, I would certainly recommend this place, as you won't regret it.

#### Zesty's Pizza

14 Fletcher Street, right side.

Zesty's Pizza has 2 spots in Chelmsford, and 1 in Billerica. However, the one most people go to is in the center of town. Honestly, even though I've not had too many of the items, the ones I have had are really darn good. The seats are super comfy, and the takeout is very consistent and wait times are low. The pizza and mozzarella

#### Rick's Diner

83 Parkhurst Street, near the right

If it's the weekend, Rick's Diner is one of the places to be. Despite being open until around 1 PM, the place has an incredible selection of breakfast and lunch foods that will get you eating immediately. The place doesn't have large wait times as well, so as long as you can get into the diner in time you will be happy. Some of my recommendations for meals there are their pancakes and french toast.